

OK! THE LATEST SLIMFAST® NEWS  
**INSIDER**

**DEBORAH'S WEIGHT LOSS MAKES SHOPPING FUN AGAIN**



**"SLIMFAST IS SO CONVENIENT THAT YOU NEVER HAVE AN EXCUSE TO CHEAT!"**  
Deborah is a mother who has always struggled with her weight, but she got her life back with SlimFast! See her story at [SlimFast.com/Deborah](http://SlimFast.com/Deborah)

**LOST 63 POUNDS AND 36 INCHES\* AND KEPT IT OFF!**

**YES THEY DID!**

**YOU TOO CAN LOSE WEIGHT!**

**T**he SlimFast® Plan is clinically proven to help you lose weight and keep it off. Enjoy delicious shakes and snacks while losing weight. It's as easy as 1-2-3! Just grab a shake for breakfast, a shake for lunch, then have a sensible meal for dinner—and enjoy SlimFast snacks in between to satisfy cravings. It's that simple!



SPONSORED

**A NEW LIFE FOR DANIELLE**

**"SLIMFAST IS SO CONVENIENT AND TASTES GREAT! IT'S ALSO A QUICK AND EASY MEAL."**  
Working the night shift as an ICU nurse, Danielle had trouble finding a diet plan that fits her busy schedule. Now with the simple SlimFast Plan, she looks forward to a happy and healthy lifestyle. See her story at [SlimFast.com/Danielle](http://SlimFast.com/Danielle)

**LOST 25 POUNDS AND 14 INCHES\* AND KEPT IT OFF!**



**STACI SHOOTS FOR RESULTS**

**"EATING HEALTHY AND EXERCISING WHILE ON THE ROAD IS HARD, BUT IT'S NOT IMPOSSIBLE WITH THE SLIMFAST PLAN!"**  
As a busy traveling professional, Staci was stuck with eating unhealthy meals on the go. The SlimFast Plan fit perfectly into her schedule, and she lost weight doing it! See her story at [SlimFast.com/Staci](http://SlimFast.com/Staci)

**LOST 35 POUNDS AND 20 INCHES\* AND KEPT IT OFF!**



TOTAL WEIGHT LOST:  
**193 POUNDS**  
**AND THEY KEPT IT OFF!**

\*Deborah, Staci, Joann, Danielle, and Hazely used the SlimFast Plan for 26 weeks and were remunerated. Results not typical. Read label prior to use. Check with your doctor if nursing, pregnant, under 18, or following a doctor-prescribed diet.

SPONSORED

**HAZELY TANS WITH CONFIDENCE**

**"SLIMFAST HAS COMPLETELY CHANGED MY LIFE—I FEEL AMAZING!"**  
Owning a business and being a stay-at-home mom made it a challenge for Hazely to keep in shape. The SlimFast Plan helped her get her body back. See her story at [SlimFast.com/Hazely](http://SlimFast.com/Hazely)

**LOST 30 POUNDS AND 16 INCHES\* AND KEPT IT OFF!**



**JOANN STRUTS HER STUFF**

**"I STARTED THE SLIMFAST PLAN AND MY LIFE HAS CHANGED BECAUSE OF IT! THERE'S NO MORE ROOM FOR EXCUSES."**  
Joann decided to alter her unhealthy lifestyle after getting married and wanting a family. With the SlimFast® plan, it was easy for her to make better choices and lose the weight! See her story at [SlimFast.com/Joann](http://SlimFast.com/Joann)

**LOST 40 POUNDS AND 20 INCHES\* AND KEPT IT OFF!**

