

Deliciously different ways to lose weight!

Losing weight in 2018 doesn't have to be a challenge. The SlimFast Plan is as easy as 1-2-3! Unlike so many diets, you don't have to deprive yourself. Simply swap two meals for any delicious SlimFast meal replacement, enjoy one sensible meal, and indulge in three 100-calorie snacks. That's right! You can lose weight by eating six times a day.

SEE RESULTS IN 1 WEEK!*
WITH SLIMFAST

The best tasting Shakes & Smoothies!

It's time to invigorate your weight loss – and your life! NEW SlimFast Advanced Energy Shakes and Smoothie Mix have as much caffeine as a cup of coffee to give you energy for hours. These meal replacements also pack a nutritious punch with 20 grams of energizing, hunger-satisfying protein, 5g of enriching fiber, 24 vitamins and minerals, and only 1g of sugar! There are four delicious flavors to choose from.



CLINICALLY PROVEN LOSE WEIGHT & KEEP IT OFF!*

JOANN LOST 40 LBS. –AND IS KEEPING IT OFF!*

Joann knew that getting married and wanting children meant needing to change her unhealthy lifestyle. The SlimFast Plan helped empower her to make healthy choices and lose the weight. Read her story at SlimFast.com/Joann



SlimFast is a proven approach to weight loss, with 50 published clinical studies designed & conducted by independent researchers.

Cookies, Bars and Snacks to curb your cravings!

Who said you couldn't have a cookie while dieting? With NEW SlimFast Bake Shop Meal Replacement Cookies and Bars, you can satisfy your hunger and your sweet tooth! With up to 15g of protein and 5g of fiber, these tasty meal replacements help you stay full for up to 4 hours while curbing your sweet tooth and helping you stick to your diet!



Still hungry in between meals? Munch on a 100-calorie snack like Sour Cream and Onion chips and Cinnamon Bun Swirl drizzle crisps without feeling guilty.

HAZELY LOST 30 LBS. –AND IS KEEPING IT OFF!*

Owning a business and being a stay-at-home mom made it a challenge for Hazely to keep in shape. The SlimFast Plan helped her get her body back. See her story at SlimFast.com/Hazely



Enjoy your favorite foods every day!



Still want your favorite foods like pizza or burgers? With the clinically proven SlimFast Plan, you don't have to give anything up. Create your own or use the SlimFast handy online menu of recipes, including dishes such as eggplant lasagna, fajitas with creamy dressing and even a cheeseburger with coleslaw!

BILL LOST 42 LBS. –AND IS KEEPING IT OFF!*

After becoming a dad, Bill lacked the energy to keep up with his three daughters. Now he's back to the weight he was during his senior year in high school! Read his story at SlimFast.com/Bill



WEIGHT CONTROL JUST GOT EVEN EASIER!

Every once in a while, you may find that you give in to food temptations. If that happens, NEW SlimFast Boosters are there to help. SlimFast Carb Cutter® limits carb and sugar absorption, while SlimFast Fat Cutter® binds to fat fast, making it ideal for use before fatty meals.[†] Whether you're on The SlimFast Plan or dieting on your own, try NEW SlimFast Craving Control gummies to curb cravings and satisfy your sweet tooth.



Get your coupon to start today!
Text TRYENERGY to 44222

*Based on the SlimFast Plan (a reduced-calorie diet, regular exercise, and plenty of fluids). Joanne and Hazely used the SlimFast Plan for 26 weeks. Bill used the SlimFast plan for 39 weeks. All were remunerated. Results not typical. Read label prior to use. Check with your doctor if nursing, pregnant, under 18, or following a doctor prescribed diet.

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†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.